



SV 1919  
Sonsbeck e.V.  
...gemeinsam stark!

## Vorläufiger Zeitplan Sonsbecker Sparkassen Trackmeeting - Samstag 06.06.2026

Zeit	M	MJU20	MJU18	MJU16	MU14	MU12	Frauen	WJU20	WJU18	WU16	WU14	WU12
10:00							100mH	100mH	100mH			
10:20				80mH								
10:30										80mH		
10:50					60mH						60mH	
11:00	Hochsprung (max 20 TN pro Anlage) AH 1,00m Anlage 2 & 1,38m Anlage 1 (Steigerung 3cm)											
11:30	100m VL	100m VL	100m VL	100m VL								
11:50							100m VL	100m VL	100m VL	100m VL		
12:30					75m						75m	
12:45						50m						50m
13:20	200m	200m	200m									
13:35							200m	200m	200m			
13:30	Hochsprung (max 20 TN pro Anlage) AH 1,25m Anlage 2 & 1,52m Anlage 1 (Steigerung 3 cm, ab 1,70m 2cm)											
14:15							100m Finale	100m Finale	100m Finale	100m Finale		
14:20	100m Finale	100m Finale	100m Finale	100m Finale								
14:30										300m		
14:40				300m								
14:55							400m	400m	400m			
15:05	400m	400m	400m									
15:15				2000m	2000m					2000m	2000m	
15:15	Hochsprung (max 20 TN pro Anlage) AH 1,69 m Anlage 1 (Steigerung 3 cm, ab 1,90m 2cm)											
15:45						800m						800m
16:05							800m	800m	800m	800m	800m	
16:20	800m	800m	800m	800m	800m							
16:40							1500m	1500m	1500m			
16:50	1500m	1500m	1500m									
17:00	3000m	3000m	3000m	3000m								
17:15							3000m	3000m	3000m	3000m		
17:15	Hochsprung (max 20 TN pro Anlage) AH 1,89 m Anlage 1 (Steigerung 3 cm, ab 2,03m 2 cm)											